



Snowy Day Ideas For Inside Play

With these gross motor activities let your imagination lead you in some creative play for the whole family!

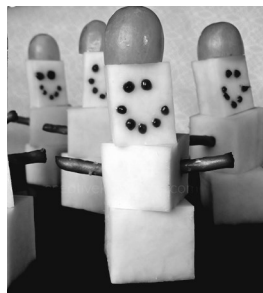
- Go to you tube and find some links for The Nutcracker by Tchaikovsky - good snowy day music to DANCE to.
- Pretend you are snowmen. Roll around like snowballs - log rolls (lay flat and roll over and over.)
- Gather a variety of balls from around the house and have a snowball roll.
- If you have a plastic bowling set at home - create some paper icicles to tape to the pins and go snow bowling.
- You could also go indoor ice skating. With adult supervision, with socks on your feet "skate" on the wood or tile floor.
- Make snow angels. Using tissue paper as the snow (or nothing at all) lay on the floor and have some snow angel FUN!



Winter Fine Motor EDIBLE Activities for the Whole Family

Make these nutritious Snowmen! Great fine motor activity, so much FUN and DELICIOUS!

You will need skewers, bananas, raisins (or chocolate chips), grapes, pretzels and apples. Assemble & eat!



Or these . . . Skewers, cheese cubes, grapes cut in 1/2 for hats, pretzels for arms, broken pretzel bits for eyes and mouth! YUMMY!

How about these cuties? Skewers, hard boiled eggs, carrots slices for the hat, parsley for the arms. The recipe calls for peppercorns for the eyes - I think you can come up with a replacement your child will like!



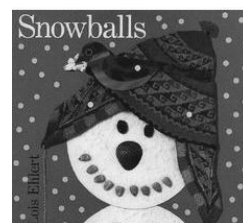
Help your Child's Imagination Take FLIGHT! READ A BOOK!



Visit your local Library to find these and other books about



SNOWMEN



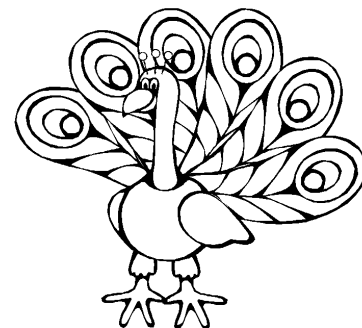
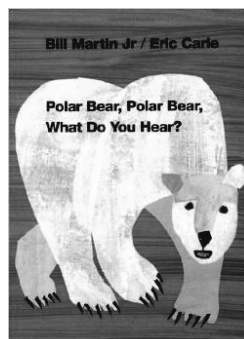
The Snowman by Raymond Briggs. A little boy rushes out into the wintry day to build a snowman, which comes alive in his dreams that night. The boy invites him home and in return is taken on a flight high above the countryside.

The Snowmen at Night by Caralyn Buehner. Have you ever built a snowman and discovered the next day that his grin has gotten a little crooked? And you've wondered - what do snowmen do at night? This wonderfully told wintertime tale reveals the enchanting secret life of snowmen everywhere.

Snowballs by Lois Ehlert. What kind of day is it when thick snow is falling everywhere? Why, it's a glorious snowball day, of course! The author invites readers to pull on their mittens, head outside, grab some snow, and start rolling - but they'd better hurry, before the sun comes out!

Get Out There and READ!

Polar Bear, Polar Bear What Do You Hear?



Watch and Read Along with the story here

<https://www.youtube.com/watch?v=sO9fzS92uiU>

Then download all the characters here

<http://www.dltk-teach.com/p.asp?b=m&p=http://www.dltk-teach.com/books/brownbear/psequel.asp>

Color the characters - Cut out - Glue on Craft Sticks
 And recreate the STORY!

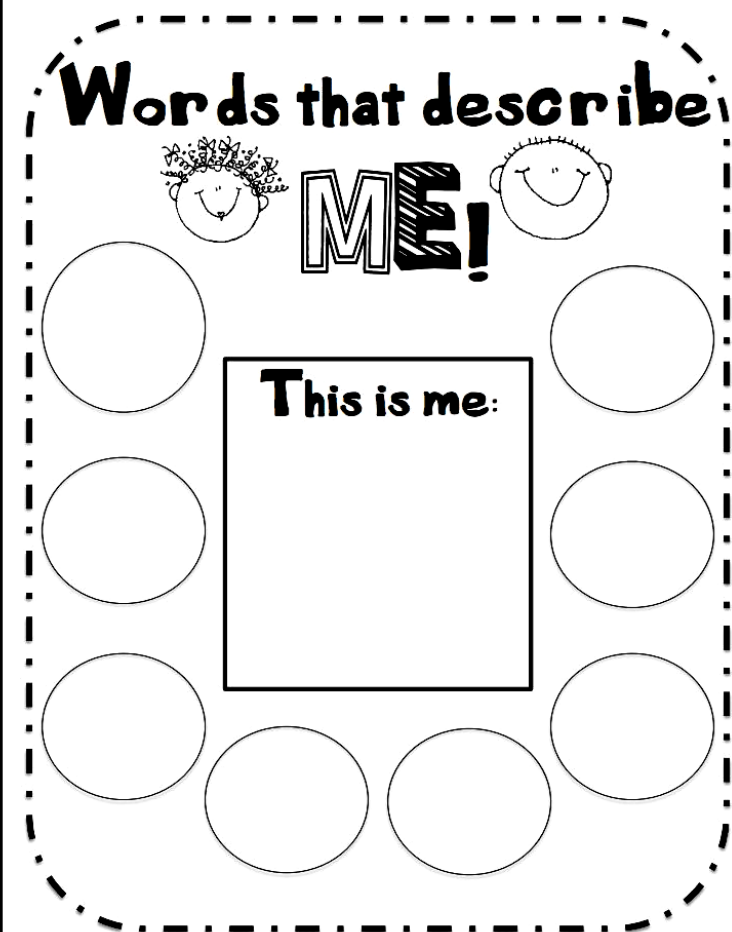
Developing Self Esteem in Young Children

Decisions: As hard as it might be, let your child make choices and decisions. Making a decision and following through on it develops a sense of responsibility as well as a sense of pride. Allow your child to make age appropriate decisions; what to wear to school, which job they would like to do at clean up time, which book to read or game to play. Sharing in family decisions (which of two restaurants to eat at, whether to go to the store before or after the library) are other decisions your child can help make.

Learning is a life-long experience and as parents, you are your child's first teacher. Positive time together, in a happy and relaxed situation is the best educational experience a child can derive from any activity.

A FUN Activity for Developing Self Esteem in Young Children

SELF PORTRAIT: While sitting with your child, ask them to draw a picture of him/herself. Talk about what color their eyes are, should the hair be straight or curly, etc. When finished cut it out and place in the frame. THEN ask your child to describe him/herself (with your help, of course); tall, happy, silly, etc.



Parents: You have a Teaching Role

Barbara Nichols - Parent to Parent Support Project

Parents, siblings, peers, and friends all influence a child's social development. For young children, however, parents are the most important teachers.

Many children can learn by parents' unconscious examples. They watch what their parents do, listen to what they say - and imitate them. As a result, parents may wish to hone their good habits and change some others. Some children, by the nature of their disability, however, cannot learn from subtle nuances of example. They need additional emphasis - intentional (sometimes repetitive) teaching by their parents and others.

Here are ways parents can help young children's social development by example and intent. It's a given, that while learning, a child will make mistakes. Example and intent is at work there, too. **Example:** Treat the child the way you would want to be treated. **Intent:** Tell the child what he or she should do differently and why.

Building social skills - By example: Treat family members kindly, cooperate with neighbors and talk to the person at the checkout counter. Practice politeness by holding open doors, helping someone with a heavy package, or in the way you answer the telephone. **With intent:** Explain that we live in the world with other people, and how we treat each other is important. Call attention to your actions and tell how behavior affects others. Practice social skills with your child through role-playing. Offer examples of being honest and playing the game fairly.

Showing respect for others - By example: Interact positively with friends and acquaintances of other ages, abilities, cultures, economic groups, or religions. Obey the rules of the road when driving. Care for common or public areas by disposing of trash or recycling. Treat others' personal property carefully. **With intent:** Tell your child why it is important it is to be considerate of others. Illustrate your points. Talk with your child about ways to show respect.

Find the FULL article at

<http://www.pacer.org/newsletters/pacesetter/fallo6.pdf>

Check out this in-depth article
Social-Emotional Development:
24 to 36 Months
from Zero to Three

<http://www.zerotothree.org/child-development/social-emotional-development/social-emotional-development.html>



Sing Along with Miss Beth
Now It's WINTER!

<https://www.youtube.com/watch?v=mmjEhMUG-tI>